### PHYSICAL ASSESSMENT FOR THE OCCUPATIONAL HEALTH NURSE

#### SUMMARY OF TOPICS

## Strains, Sprains and Common Musculoskeletal Injuries

Small and large joint musculoskeletal injuries commonly found in occupational health settings will be discussed.

#### Head, Ears, Eyes, Nose and Throat

HEENT structures, findings and examinations, along with chronic, urgent and emergent conditions will be covered.

#### **Head Injuries**

Current assessment, treatment and evaluation guidelines for brain contusion and concussion will be covered.

## Dermatological Trauma: Lacerations, Thermal and Chemical Injuries

Current assessment, treatment and evaluation guidelines for the management of selected dermatological traumas will be discussed.

**Chest Pain: Sorting Through the Diagnostic Picture** Comparing and contrasting emergent and nonemergent chest discomfort in the occupational health setting will be discussed. Subsequent management guidelines will be reviewed.

#### **Respiratory Ailments**

Current management practices and medical guidelines in selected common occupational health respiratory conditions will be covered.

#### **OBJECTIVES**

Following the program, the attendee should be able to: collect a client history specific to occupational health issues; skillfully perform a focused physical examination; implement advanced physical assessment maneuvers to clarify abnormal findings; findings recognize and differentiate abnormal associated with common conditions; synthesize subjective and objective knowledge in the formulation of physical diagnosis; demonstrate competence in the written documentation of health assessments; and identify emergent and urgent findings that warrant immediate referral or consultation.

#### PROGRAM PLANNERS AND SPEAKERS

Sherry M. Bumpus, PhD, FNP-BC Assistant Professor Eastern Michigan University School of Nursing

Anne C. Thomas, PhD, ANP -BC, GNP, FAANP Dean University of Indianapolis School of Nursing

#### **PROGRAM PLANNERS**

#### Sheryl Ulin, PhD, CPE

Director of Continuing Education Research Program Officer University of Michigan Center for Occupational Health & Safety Engineering

#### Annette Byrd

Education Manager American Association of Occupational Health Nurses

#### ACCREDITATION

The American Association of Occupational Health Nurses, Inc. (AAOHN) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The American Association of Occupational Health Nurses, Inc. is additionally approved as a CNE provider by the California Board of Registered Nursing (#CEP9283).

In the past, this course has been approved for 18.75 CNE.

For upcoming program announcements and information about our organizations, visit:

www.aaohn.org

www.umcohse.org

#### REGISTRATION

Pre-registration is required and will be accepted on a "first come-first served" basis. All registrations include course materials, continental breakfast, and refreshment breaks. The early bird registration fee is \$650 and is available until October 3, 2016. The regular registration fee of \$750 is available after October 3, 2016.

#### **Register online through Eventbrite:**

https://physicalassessmentohn2016.eventbrite.com/

Written cancellation notification must be received no later than October 16, 2016 in order to qualify for a refund, less \$75.00 administrative fee. Substitute attendees are welcome. In the unlikely event that this program



must be cancelled, the entire submitted registration fee will be refunded without further liability on the part of the organizers.

Registration confirmation and additional program details will be provided after your registration has been processed.

If you do not receive confirmation within 2 weeks of registration, please contact us at 734-763-2243 or email ce.programs@umich.edu.

#### HOTEL ACCOMMODATIONS

A limited number of hotel rooms are being held until October 16, 2016 for program attendees at the Holiday Inn near the University of Michigan [\$108.00/night]. Please contact the hotel directly at 734-769-9800 to make a reservation, stating that you are a registrant for the UM Center for Ergonomics. Attendees are responsible for making their own hotel arrangements and payment.

#### DESCRIPTION

This 3-day course consists of lectures and demonstrations to provide the occupational health nurse with knowledge needed to assess the physical health status of individuals specific to a variety of occupational health settings. Body organs and systems to be covered include: the skin, head, ears, eyes, nose, throat, and the respiratory, gastrointestinal, musculoskeletal, cardiovascular and neurological systems. Information related to collecting a medical history, documenting findings and adherence to HIPAA regulations will also be included.

#### DATE AND TIMES

Monday, November 7, 2016 at 8:30 AM— Wednesday, November 9, 2016 at 5:00PM (EST) \*Exact times are subject to change

#### LOCATION

Holiday Inn Near the University of Michigan 3600 Plymouth Road Ann Arbor, MI 48105

#### FEE

Regular registration: \$750 Early-bird registration: \$650 until October 3, 2016

Registration fee includes course materials, continental breakfast and refreshment breaks. A certificate of completion will be awarded when attendance requirements are met.

#### WHO SHOULD ATTEND

This program is intended for occupational health nurses or other clinicians who provide direct health care services for workers. This program should be particularly valuable for service providers staffing medical stations or clinics within worksite facilities or plants.







1205 Beal Avenue IOE Building Ann Arbor, MI 48109-2117 Phone: 734-763-2243 Fax: 734-764-3451 Email: ce.programs@umich.edu

Regents of the University of Michigan:

Michael J. Behm, Mark J. Bernstein, Laurence B. Deitch, Shauna Ryder Diggs, Denise Ilitch, Andrea Fischer Newman, Andrew C. Richner, Katherine E. White, Mark S. Schlissel, *ex officio* 

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Ann Arbor, MI November 7—9, 2016

Co-sponsored by:

University of Michigan



Center for Occupational Health and Safety Engineering

www.umcohse.org



The American Association of Occupational Health Nurses

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