

OHN PROGRAM

WELCOMES NEW STUDENT

Karyn Rapundalo

completed her BSN at Case Western Reserve University with a second major in sociology, and minor in public policy. She works as a staff nurse in the hematology department at Mayo Clinic, and lives in Rochester, MN. She is enrolled in the MSN-FNP program.



UMSN OHN PROGRAM NEWS

DR. CHRISTOPHER FRIESE, PhD, RN, AOCN, FAAN, Professor, and Associate OHN Director,



was recently appointed associate director for cancer control and population sciences at the UM Rogel Cancer Center. In this role, he will provide strategic direction for the center’s efforts around cancer screening, detection and prevention, as well as research on cancer outcomes, disparities and new models of cancer care delivery.

Dr. Friese is a national expert in the study of care quality and has executed large surveys of ambulatory oncology nurses. He leads an interdisciplinary research program to study the quality of care delivered in understudied ambulatory oncology settings from the perspectives of patients and clinicians. In 2018, Dr. Friese was appointed to a six-year team on the Patient-Centered Outcomes Research Institute (PCORI) Board of Governors.

ASSISTANT PROFESSOR DR. MARIE-ANNE ROSEMBERG, PhD, RN, is a member of the National Occupational Research Agenda (NORA) Services Sector Council for CDC/NIOSH and the UM National Center for Institutional Diversity, [Diversity Scholars](#)

Network. Her active program of research focuses on low-paid, and often minority, immigrant workers. Two of her most recent publications are



- Rosemberg, M. A. S. (2020). Health and safety considerations for hotel cleaners during COVID-19. *Occupational Medicine*, 70(3), 214-215. In press.
- Lin, N., Rosemberg, M. A., Li, W., Meza-Wilson, E., Godwin, C., & Batterman, S. (2020). Occupational exposure and health risks of volatile organic compounds (VOCs) of hotel housekeepers. *Indoor Air*.

Two current projects include Impact of COVID-19 on Service Workers and the Healthy Hotel Worker Project. Dr. Rosemberg recently completed her two year contract as Vice Chair for Research for the Department of Systems, Populations and Leadership at UMSN. Students interested in contributing to her high-impact nursing research and gaining research experience are encouraged to contact Dr. Rosemberg directly at sanon@umich.edu.

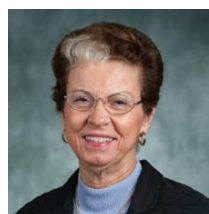
MCCULLAGH APPOINTED COLLEGIATE PROFESSOR



School of Nursing Dean Patricia Hurn recently announced that OHN Program Director and Professor of Nursing, Dr. Marjorie McCullagh was appointed by the University of-Michigan Board of Regents as Sally L. Lusk Collegiate Professor of Nursing. In the words of Dean Hurn, “Collegiate Chairs are among the university’s highest honors.” The collegiate

chair is named for UMSN professor emerita, former Director of the Occupational Health Nursing Program, and eminent scientist, Dr. Sally L. Lusk. Dr. McCullagh studies prevention of noise-induced hearing loss among farm producers, a high-risk and underserved worker group.

Dr. McCullagh welcomes students to join her as members of her research team. As a team



Dr. Sally L. Lusk

member, students may have opportunities to consent and recruit research subjects, enter data, conduct interviews, administer surveys, participate in focus groups, participate in intervention or implementation research, participate in

interdisciplinary research team meetings, develop evidence for research, manage data, prepare posters, papers, and manuscripts for dissemination, and many other research-related activities. Dr. McCullagh welcomes inquiries from interested students at all program levels (BSN, MSN, DNP, PhD) about how they how they can engage with her work to learn about and contribute to research. Contact her at mcculla@umich.edu.

COHSE ACTIVITIES



DO YOU ENJOY MEETING OTHER OH STUDENTS AND FACULTY? ARE YOU A PUB TRIVIA FAN (OR CHAMPION)? I encourage you to join us for a round of virtual trivia on Thursday, September 10, 2020 from 5:00 to 6:45 pm. Please RSVP to saskiabt@umich.edu.

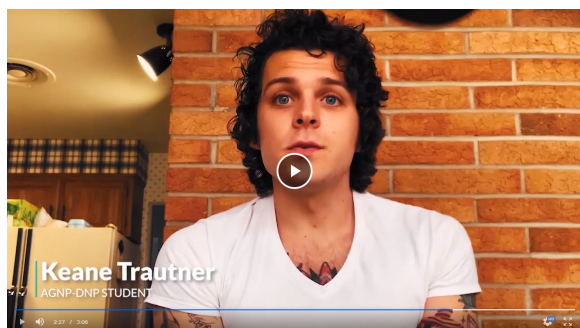


COHSE PROGRAM FACULTY STUDY OUTCOMES OF NEW LEARNING OPPORTUNITIES IN INTER-PROFESSIONAL COLLABORATION IN

OCCUPATIONAL HEALTH

OHN Program Director, **Dr. Marjorie McCullagh**, together with COHSE faculty colleagues Stuart Batterman, Clive D'Souza, Marie O'Neill, and Richard Neitzel, recently completed a two-year study of outcomes of a recently re-imagined and revitalized EHS 668 seminar to include a focus in interprofessional practice competency. The outcomes studied include student competencies in interprofessional practice, and student satisfaction. Results of this study are being analyzed for future publication. For more information about the COHSE interprofessional collaboration, click [here](#).

OHN STUDENTS “PAY IT FORWARD” WITH VIDEO MESSAGE TO PROSPECTIVE STUDENTS



Several OHN students recently used their home video recording skills to collaborate on the development of messages designed to tell prospective students about the U-Mich OHN program. Participating students and alumni included **Nathan Stefanovsky, Brock Willett, Kristina Hila, Keane Trautner, and Karen Myers** (class of 2020). The students shared information about the role of OHNs, populations served, settings for practice, benefits, and program eligibility. Kudos to these students and alumni for this important work!

OHN STUDENTS FEATURED IN COHSE VIDEO ABOUT OHN EDUCATION AT UMICH



In cooperation with the U-Mich Center for Occupational Health, Safety, and Engineering (COHSE), several OHN students were featured on a new promotional video. Students and alumni featured included **Kristina Hila, Nathan Stefanovsky, Maria DeBruyne, Brock Willett, and Cat Chapin** (MSN, AGNP program, class of 2020). In the video, students spoke about their experiences as OH students,

including interdisciplinary learning, extracurricular field tours, and clinical practice in occupational health nursing. Click [here](#) to view the video,



PLANT TOUR COURSE AVAILABLE

The UM School of Public Health Department of Environmental Health Sciences offers a course (EHS 757) featuring a series of plant visits each Fall term, Fridays, 1-5 pm, for 2 credits. This course is open to OHNs, and will be modified to conform to CDC safety guidelines for COVID. For more information, contact Bert Schiller at norberts@umich.edu.

[@uc_erc #21UCPRP](#)

21st Annual 2020 Pilot Research Project (PRP) Symposium
 Thursday, October 1st, 11am and Friday, October 2nd, 8am
Virtual Symposium using Whova Event App

Thursday, October 1st at 1pm
 PRP Keynote Speaker
“Importance of Sleep Health and Workplace Strategies to Promote It”
 Claire Caruso, PhD, RN, FAAN
 Research Health Scientist
 National Institute for Occupational Safety and Health
 Centers for Disease Control and Prevention

Thursday, October 1st and Friday, October 2nd
 ABIH 1 hour ethics training offered from 10am-11am on Thursday
 Podium Presentations by 2019-20 PRP Award Winners
 Poster Sessions by 2020-21 PRP Award Winners
Followed by
 Panel discussion of presentation topics, favorite poster/podium awards, and virtual networking activities

This event is free and open to the public

Register here: <https://www.greatlakesosha.org/event-registration/?ee=1689>
 Registration help: workmabn@ucmail.uc.edu
 Event help: ercceor@uc.edu
 Other ERC Events: <http://med.uc.edu/eh/centers/erc/upcoming-events>
 For more information about the PRP: <http://med.uc.edu/eh/centers/erc/programs/prp>

Continuing Education:

- Eligible for ABIH (IH) CM Points; apply online at <http://www.abih.org/>.
- Meets BCSP criteria for continuation of certification credit.
- ABIH ethics training points claimable for attending 10am session on 10/1/20
- Application has been submitted for continuing education contact hours for nurses. Please contact Gordon Gillespie at 513.558.5236 to obtain information regarding approval status.

STAY TUNED...

COHSE trainees are required to participate in at least one extracurricular event annually. Often a tour of the Ford Rouge plant meets this requirement. However, due to the COVID pandemic, the tour will not be offered. Stay tuned for alternative offerings.

OHN STUDENT NEWS



LAURA JEAN RIDGE, PhD recently joined the School of Nursing as a post-doctoral fellow in the prestigious [T32 Complexity Training Program](#).

Dr. Ridge is an adult nurse practitioner who specializes in HIV care. She received her PhD from NYU Rory College of Nursing where she was a T42 NIOSH trainee studying the occupational risks faced by nurses in Liberia. She is currently studying the relationship of infection prevention and control to patient safety culture.



KRISTIANA HILA, DNP Adult-Gerontology Primary Care student, recently completed an Albert Schweitzer Fellowship project. The fellowship allows young professionals to expand their career opportunities, while serving their communities.

Kristiana and her team used an evidence-based teaching program to help guide their work with young adolescents in the inner city of Detroit. Their project goals aimed to empower the students of Covenant House Academy-East in Detroit on a multitude of sexual health related topics, and personal empowerment in the forms of career and education advancement.



NATHAN STEFANOVSKY (DNP-FNP program) recently joined Dr. McCullagh's research team, contributing to her project, *Feasibility and Acceptability of Motivational Interviewing as an Approach to Reducing the Negative Health Effects of Noise*

Exposure among Agricultural Producers. Nathan will lead the team in creating the clinical protocol for the study, in partial fulfillment of DNP degree requirements.

EDUCATION OPPORTUNITIES FOR STUDENTS AND ALUMNI

Upcoming Events

[2020 Ergonomics Principles for Workplace Assessment and Design](#)

AUGUST 3 - SEPTEMBER 30, 2020

[Workplace Mental Health: Supporting Employees in the COVID-19 Era](#)

AUGUST 19, 2020

[COHSE Student Welcome Event - Virtual Trivia](#)

SEPTEMBER 10, 2020

[Comprehensive Industrial Hygiene Review](#)

SEPTEMBER 15 - NOVEMBER 17, 2020

[Multi-Professional Oncology Safety and Simulation Training \(MOSST\)](#)

OCTOBER 17, 2020

[Physical Assessment for the Occupational Health Nurse](#)

OCTOBER 23 - NOVEMBER 14, 2020

The UM Center for Occupational Health, Safety, and Engineering offers a wide variety of continuing education and professional development courses for nurses **and other OH professionals**. The courses are held at various locations, both on and off campus. For example, the Center offers several courses specifically targeted for OHNs. This is a valuable resource for OHN program graduates. For an up-to-date list of courses and dates, visit <http://cohse.umich.edu/continuing-education/>

[AAOHN Webinar: The Enhanced Nurse Licensure Compact Updates and Overview \(ENLC\)](#)

RESOURCES FOR STUDENTS

JOB HUNTING?



On request, Dr. McCullagh will supply a letter of reference for OHN students, including useful information for prospective employers

about your OHN-related educational qualifications. For more information, or to make a request, contact Dr. McCullagh at mcculla@umich.edu.

THINKING OF TAKING THE COHN-S CERTIFICATION EXAM?



American Board for
Occupational Health Nurses, Inc.

UM OHN program graduates are eligible to sit for the Occupational Health Nurse or Occupational Health Nurse-Specialist Exams, offered by the American Board of Occupational Health Nurses. Certification is a mark of prestige, can advance your career, is regarded by employers as a mark of quality, and can earn you a higher salary. Although most nurses must meet a 3000 hour experience requisite, the Board generally considers COHSE OHN program experience as meeting this requirement. For more information, please visit ABOHN at <https://www.abohn.org/>, and contact Dr. McCullagh <mcculla@umich.edu>.

FREE BOARD PREP MATERIALS AVAILABLE

Board certification materials are available for loan in the UMSN OHN office.

- [ABOHN certification self-assessment test](#) includes sample test questions, answers,

and rationales in a two-volume set (and an online module)

<http://aaohn.org/page/online-learning>.

Fundamentals of Occupational and Environmental Health Nursing: AAOHN Core Curriculum - 4th Edition PDF. A comprehensive overview of occupational and environmental health nursing, the 4th edition updates and expands common core knowledge in OHN practice. New underlying concepts throughout the book incorporate evidenced-based practice and a global perspective. Practical case studies are included to reflect specific examples of application to practice. This text serves as a vital resource for OHNs studying for the occupational health nursing certification exam.

DOT MEDICAL EXAM PREP MATERIALS AVAILABLE

The DOT medical examination: an unofficial guide to commercial drivers' medical certification, Natalie P. Hartenbaum, MD, MPH, FACOEM, editor (in electronic form) is now newly available through the Taubman Library. Use this link to access:

<https://mirlyn.lib.umich.edu/Record/015558537>

A print copy is also available and can be requested using this link:

<https://mirlyn.lib.umich.edu/Record/015897150>



ACADEMIC MENTORING AVAILABLE FOR OHN STUDENTS

Peer-to-peer mentoring is available for interested students. If you are an OHN student interested in

connecting with a more experienced OHN student, or if you're interested in serving as a peer mentor, please contact Dr. McCullagh at mcculla@umich.edu.

ALUMNI NEWS

CONGRATULATE OUR RECENT OHN GRADUATES !



Congratulations to the following Occupational Health Nursing students, who recently graduated.

Karen Myers, MSN, Population Health

Kristina Sangalang, DNP, FNP

Catherine Chapin, MSN, AGNP

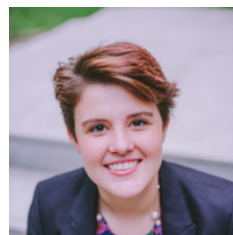
KAREN MYERS (MSN, Population Health, 2020)



I'm currently working as a nursing supervisor at Michigan Medicine for the surgical specialties ambulatory care department. As graduation was nearing I started considering how to apply my occupational health nursing

knowledge in my current role.

Then, the world changed. In a flash I was using my OHN knowledge every single day to develop, provide and support health and safety services to my nurses. Now, I focus daily on promoting the self-care, prevention of illness, and protection from both work-related and environmental hazards mostly related to COVID-19. My long-term goal is to return to the automotive industry and blend my nursing education and expertise with my previous business knowledge and experience in order to balance the requirements for a safe and healthy work environment.



ADINA PARRISH (MSN, FNP, 2018)

"I am currently working as a full time Nurse Practitioner for Ascension Michigan at Work. I am certified as a medical examiner on the

National Registry of Certified Medical Examiners."

Stay Safe and Healthy